

**First International Symposium of
Mens et Mensa: Society for the Study of Food in the Middle Ages
"Foods and Communities in the Later Middle Ages (1000-1500 CE)"
Institut d'Estudis Catalans, Barcelona, October 24-25, 2013**

CONFERENCE PROGRAM

Thursday, October 24 Sala Pi i Sunyer

9:00- 9:30 a.m. Registration

9:45-10:00 a.m. Welcoming Remarks: John Bollweg, Secretary, *Mens et mensa*

10:00-11:30 a.m **Session 1**

Donna Rogers, Brescia University College, "Notions of Nutrition and the Properties of Food in the Later Middle Ages"

Antoni Riera Melis, Universitat de Barcelona, ODELA/IEC, "Menjar per estricta necessitat biològica, sense plaer. La proposta dietètica inicial del Cister (primera meitat del segle XII)".

Nelly Labere, Lecturer, Michel de Montaigne University - Bordeaux III
"« Un antojo de fresas »: la gastronomía opcional en las *Quinze Joies de Mariage*"

11:30-12:00 p.m. Coffee Break

12:30-1:45 p.m. **Plenary Session**

Michael Solomon, University of Pennsylvania, Philadelphia

"Eating Non-Naturally: Food and Radical Individualism in Late Medieval Medicine"

2:00-4:00 p.m. Lunch Break

4:00-5:30 p.m. **Session 2**

Michelle M Hamilton, University of Minnesota, "Food and Death: Foodways and Communities in the *Danza general de la muerte*"

Montserrat Richou i Llimona, Institut de Recerca en Cultures Medievals de la Universitat de Barcelona (IRCVM), "El vi i les relacions econòmiques baixmedievals: el Baix Maresme"

Hilary Pomeroy, University College London, "Los que comedes de mi pan': Food, Power and Identity in the Sephardic Ballad"

6:00 p.m. Reception, Courtyard

7:00 p.m *Mens et Mensa* Board Meeting

Friday, October 25, Sala Nicolau d'Olwer

9:00-10:30 Session 3

Veronica Menaldi, University of Minnesota-Twin Cities , "Magical Morsels: Food in Morisco *Aljamiado* Incantations"

Mark Johnston, De Paul University, "Gluttony and *Convivencia*: Hernando de Talavera on the Dietary Assimilation of Granada's Muslims"

Ana Pairet, Rutgers University, "Gendering Fasting: from *Caresme et Charnage* to *Libro del Buen Amor*."

10:30-11:00 Coffee Break

11:00-12:30 Session 4

Amy Aronson, Valdosta State University, "Food as Aphrodisiac in the Middle Ages"

Ramón A. Banegas López, Universitat de Barcelona–ODELA, "Salty, Sweet and Spicy. Flavours in Benedictine cuisine in Catalonia at the End of Middle Ages"

Carolyn A. Nadeau, Illinois Wesleyan University, "From *Kitāb al-tabīj* to the *Sent Soví*: Continuities and Shifts in the Earliest Iberian Cooking Manuals"

12:30-2:00 A Roundtable: The *Bullipedia* Project

- "*Què és i com s'elabora la Bullipèdia/What is it and how is Bullipedia assembled*"

Abel Mariné Font, Coordinador acadèmic de la Unitat UB (Universitat de Barcelona)/ *Bullipèdia*. President de l'ACCA (Catalan Association of Food Sciences)
Pere Castells, Coordinador general de la Unitat UB (Universitat de Barcelona)/ *Bullipèdia*, ACCA (Catalan Association of Food Sciences)

- "*La història de la cuina a la Bullipèdia/ The history of cooking at Bullipedia*"

Josep M^a Pinto, en representació de Ferran Adrià. Bullitaller

2:00-4:00 Lunch Break

4:00-4:30 A *Symposium* Response and Discussion:
"Is Food Culture? Is the Culture of Food Worth Studying?
Implications for Future Research"
Montserrat Piera, Temple University

5:00 p.m. Closing Remarks